



Meet your Care Team at the **STAY WELL HEALTH CENTER**



Roger Cisneros is our Clinic Operations Manager. Born and raised in Northern New Mexico, Roger received his BA from NM Highlands University where he majored in Exercise Physiology and minored in Health Education.

Since graduation he has worked across a wide variety of disciplines such as: Physical Therapy, Occupational Medicine, Human Resources, Urgent Care, and most recently, Pediatric & Family Practice. Roger brings with him eleven years of Outpatient Clinic Management experience, along with four years of Labor Relations experience. As a lifelong resident of Northern New Mexico, Roger has happily served the Santa Fe Community for the past 20+ years.



Marissa Berry is the Health & Wellness Coach. Marissa is a Santa Fe native and has been an RN for 7 years. After earning her Nursing Degree right here in Santa Fe, Ms. Berry gained experience in several different aspects of nursing. Ms. Berry is also a Certified Health Coach and is currently earning her Nutritionist Certification which will help her better serve our members.

As the SWHC Health & Wellness Coach, Marissa offers health counseling to patients with a variety of health conditions, educating them on how to adapt necessary changes to achieve and sustain a healthy lifestyle. Patients are encouraged to set health goals and are given a behavioral, physical and dietary plan to achieve them. This service is available to all members covered under the State's medical plan and can be accessed either in person or telephonically.



Leah Atkinson is a Nurse Practitioner at the SWHC, focusing on promoting and protecting health as well as preventing disease. Leah received her BA in Nursing from Washington State University, obtaining graduate level education in Public Health with a focus on adolescent health, from the University of Minnesota and her Master's Degree in a Family Nurse Practitioner program from Frontier Nursing University in Hyden, Kentucky.

Leah is experienced in oncology, adult intensive care, mother-baby, home health care and hospice, rural hospital and public school nursing.



Clyde Sanchez is a Nurse Practitioner at the SWHC, believing in the treatment of the whole person; taking into account mental, spiritual and social factors in addition to physical symptoms. Clyde received his Bachelor's Degree in Nursing from Cornell University, his Master's in Nursing as a Family Nurse Practitioner from Yale, and his PhD in Community Health Education from the University of New Mexico.

Clyde's has practiced for 35 years with experience in family practice, urgent care, occupational medicine, orthopedics, rheumatology and geriatrics.



Abby Rodriguez is a Nurse Practitioner at the SWHC. She believes in optimizing a patient's health by promoting healthy lifestyle change. Abby received her Bachelor's Degree in Nursing from the University of Iowa and her Master's Degree in Nursing from UNM.

Abby brings experience of family medicine, urgent care and integrative medicine with her to the SWHC. Her focus is integrative medicine, preventative medicine and urgent care.



Carla Gordan is a Nurse Practitioner with the SWHC. She feels providing holistic patient-centered care, developing ongoing relationships, and partnering to improve health and wellness is important. Carla received her M.S. in Nurse-Midwifery and Post-Master Certification in Nurse Practitioner-Family at UNM.

Carla has practiced nursing right here in Santa Fe. Her goal with each patient and family is to ensure that they are well-informed, and empowered to make beneficial choices to improve health and their quality of life.



STAY WELL HEALTH CENTER
Serving the State of New Mexico and Participating Local Public Body
Employees Covered under the State Employee's Risk Management Medical Plan

ZERO CO-PAYS, NO DEDUCTIBLES AND MEDICATIONS DISPENSED THROUGH THE HEALTH CENTER ARE FREE

In partnership with 

*****PLEASE be considerate...
CANCEL your appointment if
you are unable to use it...
there are others whom may
need our care.**

Stay Well Health Center

Hours: Mon – Fri 7-6 Sat – 8-12
 Located: 1100 St Francis Drive, SF
 Contact: 505.827.2485 phone
 505.827.2486 fax