



Recipe from [thelemonbowl.com](http://thelemonbowl.com)

## Strawberry Kale Salad with Walnuts - The Lemon Bowl®

This massaged kale salad is made with juicy strawberries, toasted walnuts and nutty parmesan cheese.



Recipe by **The Lemon Bowl® Healthy Recipes**

### 7 ingredients

#### Produce

6 cups Kale

1 cups Strawberries

#### Condiments

1/4 cup Lemon juice

#### Baking & Spices

1 Salt and pepper

#### Oils & Vinegars

2 tbsp Olive oil

#### Nuts & Seeds

1/4 cup Walnuts

#### Dairy

1/4 cup Parmesan cheese