



Stay Well Health Center

A New Patient Experience

Thank you for completing your Biometric Screening.

By knowing your numbers, you have the power to determine the most important areas to focus on to reach your health and wellness goals. Below are 3 steps to help you proactively manage your health.

1. See below for the list of Scope of Services the Stay Well Health Center provides
2. Schedule an appointment to meet your Primary Care Physician and make the **Stay Well Health Center** your medical home
3. Schedule an appointment with your Health Coach to discuss how to achieve your health goals in 2017

HEALTH CENTER SCOPE OF SERVICES

The **Stay Well Health Center** provides treatment for common conditions, injuries and illnesses.

PRIMARY CARE

- Comprehensive physicals
- Condition management
- Contraceptive counseling
- Depression
- Exercise & diet planning
- Immunizations
- Well Child*/Sports physicals
*Age 2 & up
- Women's health exams

COMMON ILLNESSES

- **Allergies**
- Cough and colds
- Ear and eye infections
- Laceration repair
- Sexually transmitted infections
- Skin rashes/burns
- Sore throats
- Sprains and strains

No charge for medications dispensed from the on-site formulary.

You should meet with your Primary Care Physician for an annual physical and to address any particular health issues or questions you may have. Your Health Coach is available to help you better understand your conditions, set goals, and improve your health.

Your Health Coach and Primary Care Physician will work collaboratively to provide one-on-one personal support, educational materials and tools to help you improve your health.

Location Details	Joseph Montoya Building 1100 S. St. Francis Drive, Suite 1000 Santa Fe, NM 87505	Hours of Service Monday - Friday 8:00 a.m. - 3:30 p.m.
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To schedule an appointment at the Stay Well Health Center or with your Health Coach, please call 505.827.2485.



STAY WELL HEALTH CENTER
Serving the State of New Mexico and Participating Local Public Body
Employees Covered under the State Employee's Risk Management Medical Plan

in partnership with