

The State of New Mexico Group Benefits Prescription Plan Plan Year: January–December 2020



## **About Express Scripts**

- Express Scripts is the State of New Mexico's chosen partner for administering your prescription plan
- We are a leading pharmacy benefit manager that puts medicine in reach for tens of millions of people
- As an Express Scripts member, you have access to:
  - 60k+ retail pharmacies located across the United States
  - Convenient home delivery services
  - Express-Scripts.com and our mobile app for ordering and managing your prescriptions
  - Accredo specialty pharmacy for medications that treat complex and chronic health conditions
  - Specialized pharmacists, nurses and other clinicians in 20+ condition-specific Therapeutic Resource Centers



## **Express Scripts Formulary**

Your plan covers a broad range of medications that fall into three categories:

#### First tier:

Generic drugs

#### Second tier:

preferred brand-name drugs (lower cost)

#### Third tier:

Non-preferred brand-name drugs (higher cost than First and Second tier)

**Excluded:** drugs that are not covered under your benefit

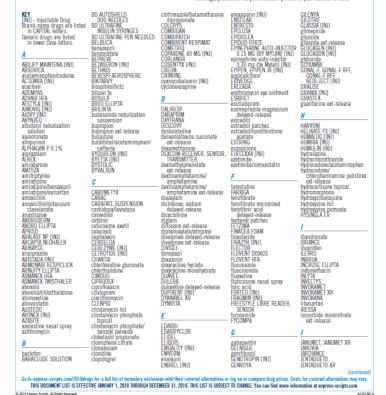


#### CHAMPION FOR BETTER

#### 2019 Express Scripts National Preferred Formulary

The following is a list of the most commonly prescribed drugs. It represents an abbreviated version of the drug list (formulary) that is at the core of your prescription plan. The list is not all-inclusive and does not guarantee coverage. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs whereover ancororists.

PLEASE NOTE: Brand-name drugs may move to nonformulary status if a generic version becomes available during the year. Not all the drugs listed are covered by all prescription plans; check your benefit materials for the specific drugs covered and the copayments for your prescription plan. For specific questions about your coverage planse call the phone number private on your member. If card.





Prescri	nt	ion	Costs
			00363

Participating retail pharmacies (30-day supply)

Home Delivery (90-day supply)

Out-of-pocket (OOP) maximum	BCBS Plans: \$4,000 single / \$12,000 family Presbyterian Plans: \$3,750 single / \$11,250 family (prescription and medical expenses count towards the OOP)		
Deductible for brands only	\$50 Individual / \$100 Family (prescription and medical expenses count toward the deductible)		
Generic	\$6	\$17	
Brand (Preferred)	30% (\$35 min / \$95 max)	\$120	
Brand (Non-Preferred)	40% (\$60 min / \$130 max)	\$155	
Specialty Medications (30-day supply) – Accredo specialty pharmacy	\$60 Generic \$85 Preferred Brand \$125 Non-preferred Brand		

\*\*\* If you choose a brand-name drug when a generic equivalent is available, you're responsible for the brand copayment plus the cost difference between the brand and the generic drug. This does not apply to specialty medications.

## Use Express Scripts Home Delivery for your Maintenance Medications

Receive up to a 90-day supply with free standard shipping
Take advantage of our Automatic Refill Program for added convenience!
State of New Mexico Home Delivery Program:

- 3 retail fills are allowed on maintenance medications before copay increases
- On the 4th fill at retail the copay will increase to the mail order copay for that drug tier (for a 30 day supply)

Maintenance Drugs	Retail Copay (30-day supply) Up to 3 fills	Retail Copay (30-day supply) Starting on 4 <sup>th</sup> fill
Generic	\$6	\$17
Brand (Preferred)	30% (\$35 min / \$95 max)	\$120
Brand (Non-Preferred)	40% (\$60 min / \$130 max)	\$155

#### **Vaccines**

- State of NM members will pay \$0 on certain vaccines including:
  - Influenza (Flu), Pneumonia, Shingles, MMR, Hepatitis A & B, Meningococcal, Tetanus/Diphtheria/Pertussis, Varicella (chicken pox)...to name a few
- Vaccines through the pharmacy benefit are:
  - A key preventive measure for seasonal influenza and other viral conditions
  - More convenient and less expensive through your local pharmacy than at a private physician's practices
  - Likely to result in lower medical costs
  - Call Customer Service to locate a certified pharmacist near you

## Get Started With Express Scripts Mail Order





- E-Prescribe (electronic prescribing) Have your physician send your prescription direct to Express Scripts pharmacy for processing
- Phone Call into Express Scripts customer service and request that your maintenance medication be moved to home delivery. We will consult your physician and take it from there!
- Register on express-scripts.com or Express Scripts mobile app and transfer medications to home delivery with a click of a button
- Mail Complete a home delivery order form and submit it, along with a paper prescription, for processing
- Payment Options check card or credit card is the preferred method for online orders. ESI accepts Visa, MasterCard, American Express and Discover. Provide your check card or credit card information or choose to be billed later for mail in orders.

# Ask your doctor if a generic medication will work for you

- When you receive a prescription from your doctor, or if you are taking brand-name drugs today, ask
  - If a generic version of the medication is available
  - If generic medications are right for you
  - If there are any risks if you change from a brand-name drug to a generic drug
- Generics have the same chemical makeup as brand-name counterparts and have the same effect on the body
- Makers of generics spend less on research and advertising, and the savings get passed on to you

#### 8 out of 10

prescriptions
filled in
the United States
are for
generic drugs

#### Have a question about a medication?

Give us a call

Each specialist pharmacist has had specialized training in the medications used to treat a specific condition, such as:

- High cholesterol
- High blood pressure
- Depression
- Diabetes
- Asthma
- Osteoporosis
- Cancer

You can contact a pharmacist 24/7 to ask about:

- Drug interactions
- Side effects
- Risks and benefits of your medication
- Help taking your medication as prescribed — which is one of the best ways to help maintain or improve your health

Talk with an
Express Scripts
pharmacist for
general counseling
— or a specialist
pharmacist for
complex concerns –
by calling the
number on the
back
of your prescription
drug ID card

800-743-1720

#### Therapeutic Resource Centers

Personalized care for patients

#### **Retail pharmacists**

- Typically generalists who dispense medications for many conditions
- Juggle many tasks: filling prescriptions, checking orders, overseeing pharmacy
- Setting offers minimal privacy to counsel patients
- Average time talking to each patient is less than

2 minutes\*

#### **Specialist Pharmacists**

- Extensively trained in medications for a single disease state
- Focused on disease and therapy management
- Speak to patients in their homes or wherever they prefer
- Average time talking to each patient is

12 minutes

\*Source: CVS data

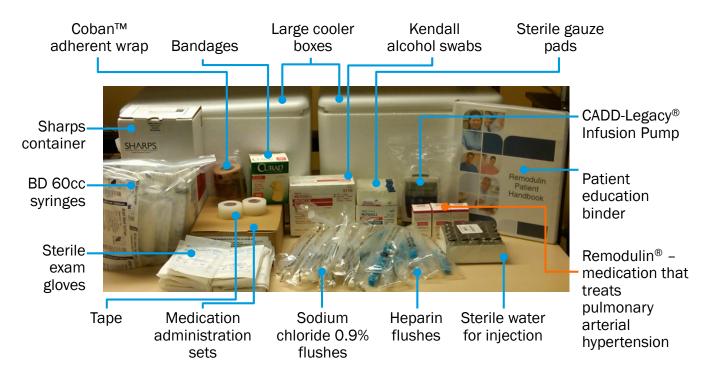
#### **Prior Authorization**



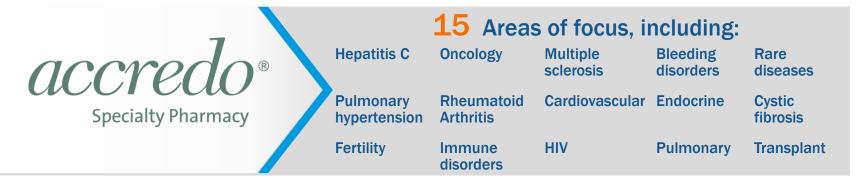
- Some medications require a Prior
   Authorization a process to ensure the medication prescribed is appropriate for the patient and/or the condition and is covered by the prescription drug plan
- Use the mobile app with your doctor to search if your medication requires a Prior Authorization.
- Many doctors can submit the required documentation electronically for a faster turnaround time!
- Most Prior Authorizations expire after 1 year

## The complexity of specialty medications

#### One prescription = 16 items



## Accredo Specialty Pharmacy



Unique clinical protocols

maximize safety, effectiveness and affordability

One-on-one counseling

from specialty pharmacists and nurses

#### Making information available

#### wherever and whenever

- Simple landing page
- Intuitive site navigation
- Interactive mobile app
- Multiple ways to get started





## **Express Scripts Registration**

Use express-scripts.com and the Express Scripts mobile app to manage your medications and prescription benefit plan.

There are two easy ways to register:



Register at express-scripts.com or ....



... download the

Express Scripts

mobile app for free
and register

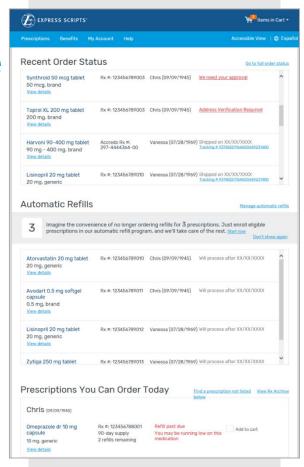
- Register using your member ID number or Social Security Number (SSN)
- One user name and password is all you need for web and mobile app access

# Informative and actionable express-scripts.com home page

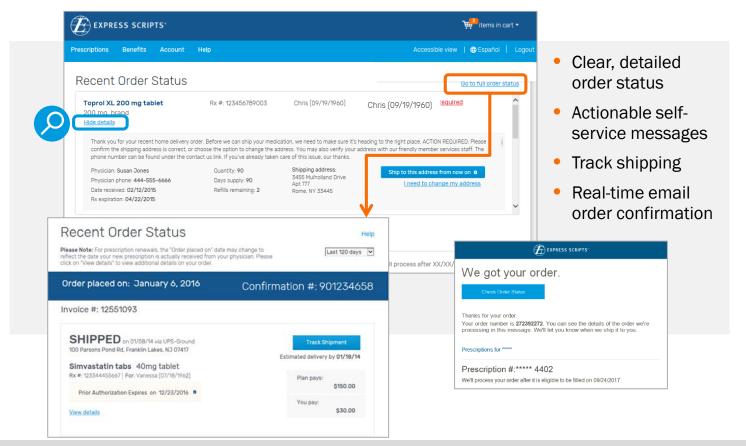


Order status is #1 REASON members visit the website.

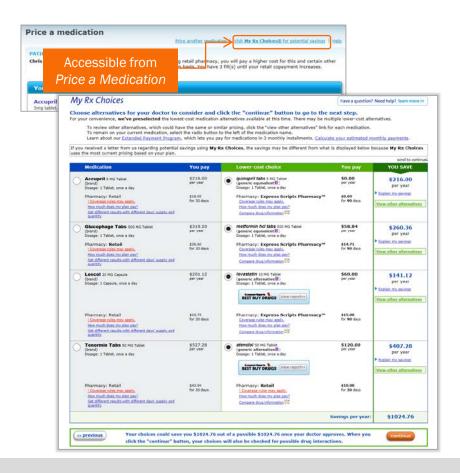
- Provides a one-stop shopping experience
- Offers the services patients expect right up front...
  - Order status with tracking
  - Refilling a prescription
  - Enrolling in automatic refills
  - Visibility to home delivery savings
  - Transferring a prescription to home delivery
  - Navigating to anywhere in the site



## Order Status gives members real-time visibility

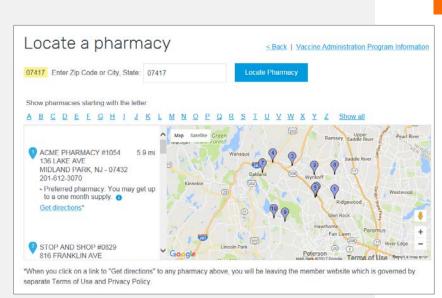


#### My Rx Choices on express-scripts.com - explore options



- Side-by-side drug comparisons to help you select the right medication at the best cost
- See potential savings by moving to home delivery
- Helpful drug information
- Ability to print research for doctor review
- Access to Consumer Reports Best Buy Drug information
- Displays 25+ possible lower-cost options to help you shop smart

## Easy to locate in-network retail pharmacies





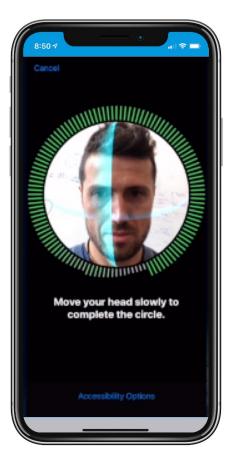
#### Results provide:

- Nearby in-network
   pharmacies with address
   and contact details in
   Google Maps
- Link to Price a Medication from the selected pharmacy
- Link for directions using Google Maps

#### **CONVENIENCE & SIMPLICITY** Register or Login

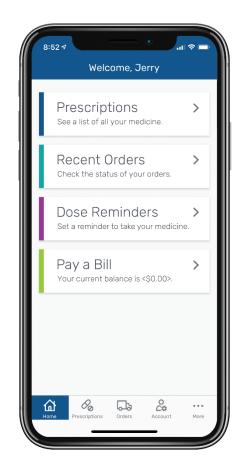
 Biometric authentication

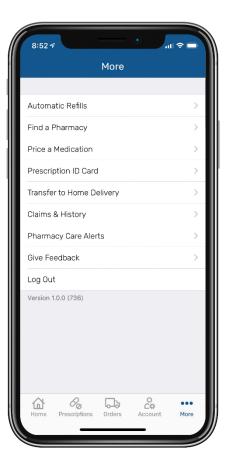




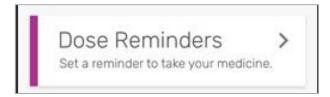
#### **CONVENIENCE & SIMPLICITY** Dashboard

Quick access to popular actions and easy access to the full menu

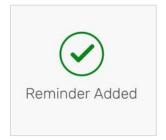


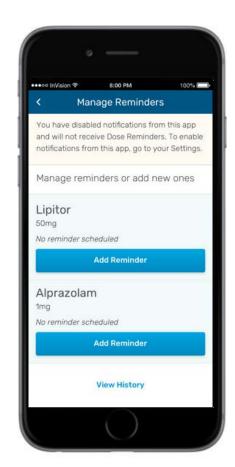


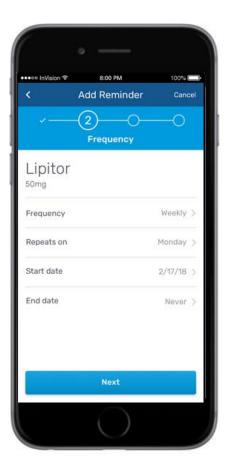
## Dose Reminders



 Easy step-by-step instructions accommodate multiple medicines

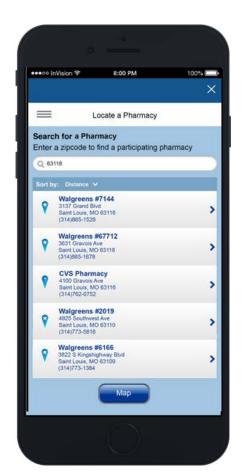


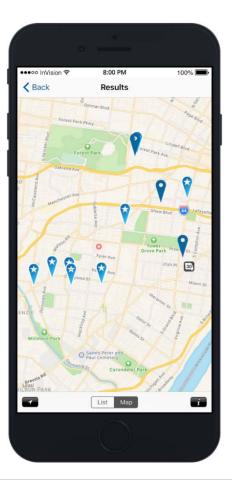




#### **CONVENIENCE & SIMPLICITY Pharmacy Options** Find a Pharmacy

Find nearby in-network pharmacies and access driving directions





## Member ID Card

 Two-sided virtual ID card goes where the member goes



#### **Express Scripts:**

We're here for you

- Register at Express-Scripts.com, using the information on your member ID card
- Download the Express Scripts mobile app from your app store to manage your medicines anywhere, anytime
- Call the Member Services number on the back of your member ID card: 800-743-1720



## Thank you

