



Presbyterian Health Plan, Inc.
Presbyterian Insurance Company, Inc.

**STATE OF NEW MEXICO
GROUP BENEFITS HEALTH PLAN
JANUARY 2020 – DECEMBER 2020**

**PRESBYTERIAN HEALTH PLAN
NATIONWIDE HMO**





2020 Benefits Presentation

Your 2020 benefits

Quick Care for Everyday Issues

Better Care Just In Case

Low or No-Cost Benefits

 **PRESBYTERIAN**



Your 2020 benefits



2020 Covered Benefits - Summary

Benefit	2020 Member Responsibility
Deductible: Individual / Two Party / Family	\$350 / \$700 / \$1,050
Out-of-Pocket Maximum: Individual / Two Party / Family <i>Combined with Express Scripts Member Liability</i>	\$3,750 / \$7,500 / \$11,250
*Services not subject to deductible	
Preventive Care*	\$0
Primary Care*	\$25
Specialty Care*	\$45
Chiropractic / Acupuncture (combined \$500 annual maximum)*	\$50
Lab / x-Ray (Non Preventive)	20%
Outpatient Surgery	20%
MRI/PET/CT Scans	20% up to \$200 per test
Urgent Care	\$55
Emergency Care	\$275
Hospitalization	\$600
Maternity Care	\$25 (1 st Visit Only)
Maternity Hospitalization	\$500
<u>***Enhanced Copays / Benefits effective 1/1/2020***</u>	
PT/ST/OT*	\$25
Naprathy (25 annual visit max)*	\$55
Autism Related Services	Based on Place of Service – No Age Limit



**Quick Care
For Everyday
Ailments**



More Access to Care Without Paying More When and Where You Want It

No Cost Access for Members

- 24/7 PresRN Nurse Advice Line
- 24/7 Video Visits
- 24/7 MyChart
- 24/7 Online Visits with PMG providers

No-Cost Digital Care Offers Convenience



Video chat or text with a NM licensed and credentialed therapist, 24 hours a day. Engage with a therapist as much as needed at a time and place that is convenient for you.



Clickotine[®]

Get the help that you need to quit smoking and stay quit. Engage through a mobile app to access numerous tools and resources for quitting nicotine.

On To Better Health

Self-help tools and resources at your fingertips

Access self-help tools 24 hours a day to help cope with common behavioral health matters. Connect with case managers during severe occurrences.

Value-Added Discounts to Save Money

- Complementary/Alternative Medicine
 - Acupuncture, Massage Therapy
 - Chiropractic, Naprapathic Medicine
- Vision Care and Audiology Services
- Fitness and Weight Management
 - Yoga classes, Jenny Craig, and more



TruHearing®

Routine annual hearing exams are offered for a \$45 copay, as well as up to two hearing aids per year for as low as \$699 per aid.

Secure Digital Access to Your Information at Your Fingertips

www.phs.org/sonm



PRESBYTERIAN HEALTH PLAN SERVICES

Update your communication preferences

Go Paperless Now



Plan Information

VIEW



Financial
Information

VIEW



Wellness
Information

VIEW



Options for Care

VIEW



Contact Health
Plan

VIEW





**Better Health
Outcomes,
Just In Case**



Integration Drives Better Health Outcomes



Better Outcomes Lead to National Recognition



Watson Health™
50 TOP
CARDIOVASCULAR
2019

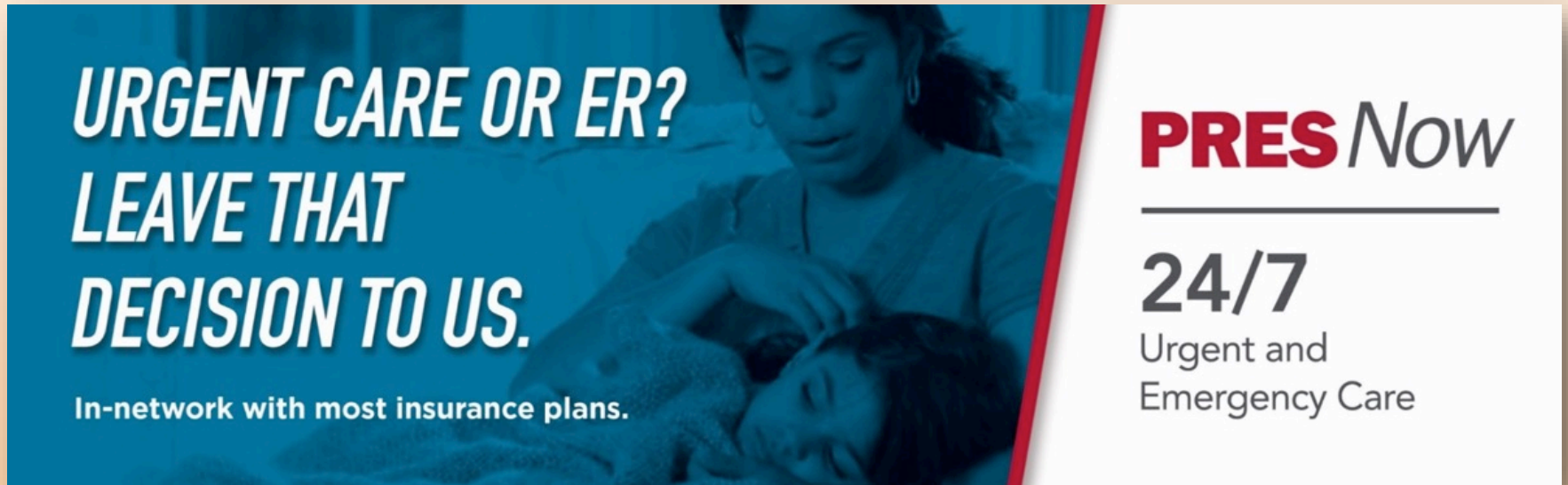


MD Anderson
~~Cancer Network~~®
Certified Member



NCQA
Highest Level 3 Recognition
for Central NM PMG Primary Care
Clinics

Albuquerque's Only 24/7 Urgent Care



***URGENT CARE OR ER?
LEAVE THAT
DECISION TO US.***

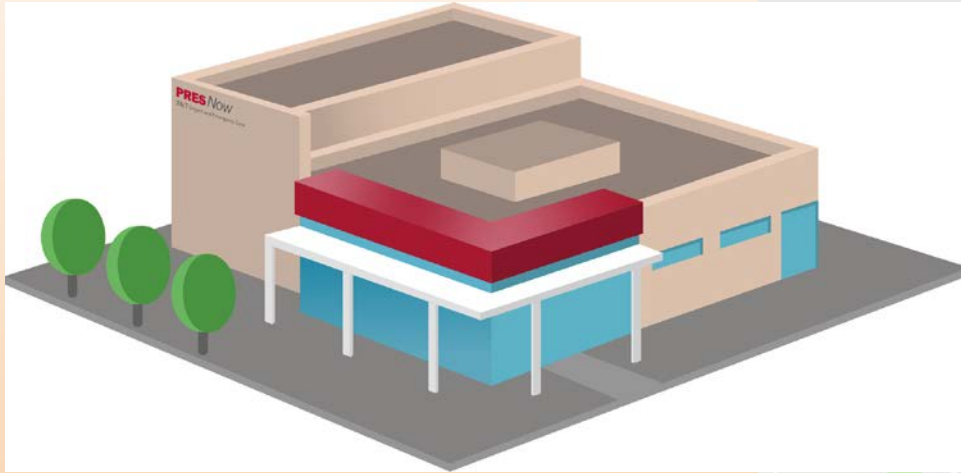
In-network with most insurance plans.

PRES Now

24/7
Urgent and
Emergency Care

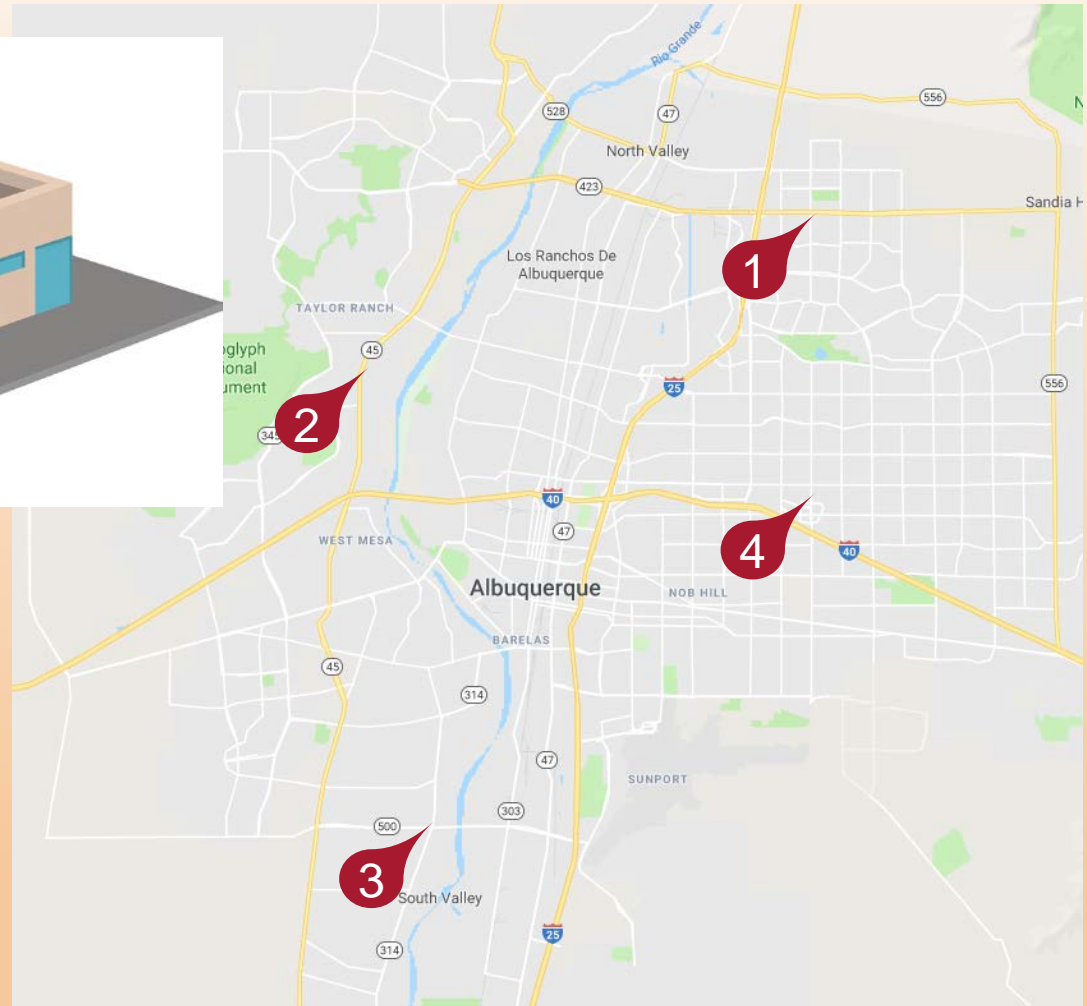
- Only pay for what you use.
- Two locations in Albuquerque and two more coming soon.

Albuquerque's Only 24/7 Urgent Care Locations



PresNow – 4 Locations

- Paseo and San Pedro
- Coors and Western Skies – October 2019
- Rio Bravo and Isleta – Coming Soon
 - Uptown – Coming Soon

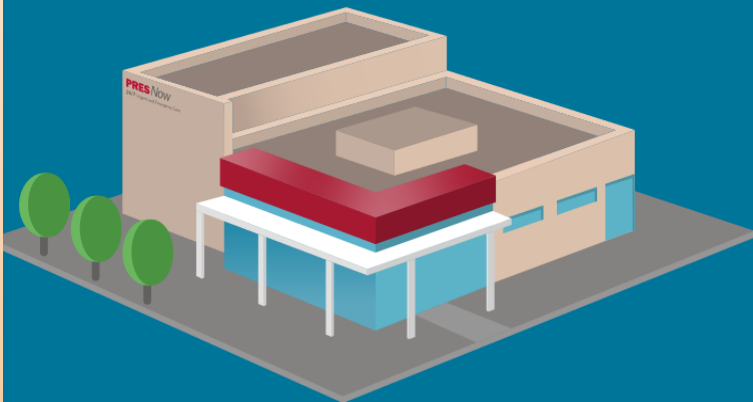


Need To Access Care But Are Not Sure Where To Go? Try www.pres.today

Introducing

PRES Now

24/7 Urgent and Emergency Care



Albuquerque's ONLY 24/7 Urgent and Emergency Care under one roof.

*In-network with most insurance plans

[LEARN MORE](#) ▶

Need help getting care today?

Explore care options by preferred venue, or search by common condition and insurance.

* All of our sites care for adults and children.

[Choose Your Condition](#)

[Choose Your Insurance](#)

i Showing services available for: **Blue Cross Blue Shield**

Condition: **Animal bite** ✕



PresRN
Nurse advice line, 24/7



Online Visits
Online medical interview & response



Video Visits
On-demand visits, 24/7



Urgent Care
Appointment and walk-ins



PRES Now 24/7
Walk-ins only
Recommended

\$\$ - \$\$\$

⌚ - ⌚⌚
Wait time



Hospital Emergency Care
Walk-in critical care

\$\$\$\$

⌚⌚⌚⌚
Wait time

We would love to hear your opinion. Please leave your [feedback here](#).

Get Care Where You Need It

Growing Statewide Network

17,000+ providers in
500 locations

Includes bordering
communities in Texas
and Colorado

Online directory at
phs.org/directory

Robust National Network

Nearly one million national
providers and facilities

Access to Centers of
Excellence facilities.

Great for employees,
dependents living out of state

Always in-network

Visit

www.multiplan.com/presbyterian
for a full listing of providers.

Global Emergency Coverage

In-network emergency
care worldwide

Reimbursement at the
same levels as local
emergency care

Seek care at the closest
facility with peace of
mind

Improving Health Outcomes Collaboratively



Disease management

Lifestyle coaches provides telephonic or video coaching to help manage chronic conditions including:

- Diabetes
- Asthma
- Coronary Artery Disease

Case management

Nurses and social workers help members manage complex acute medical needs such as transplants, high-risk pregnancies, and transition of care.

Utilization management reviews

Pre-service, urgent, concurrent, and post-service reviews ensure appropriate treatments and services.

Service for New Mexicans by New Mexicans

Only Local Customer Service Team in NM

- In-person, walk-in visits available.
- Integrated with the delivery system.
- Claims, benefits, billing, and general questions.
- Patient financial services.

1-888-ASK-PRES

Member Advocates

- Help members locate a PMG provider or facility or one in our nationwide network, as well as schedule their appointments.



info@phs.org

The Plan That Works For You 24 Hours A Day However You Need Us, At No Cost

PRES Now



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Nurse advice line, 24/7



Video Visits
On-demand visits, 24/7

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Online medical interview & response



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If you choose Presbyterian,
you can use Presbyterian.



**Quick Care for
Everyday Things**



**More Low or
No-Cost Services**



**Better Care
Just in case**

 **PRESBYTERIAN**