## Pharmacy. Smarter.®



#### 3 Things You'll Learn

Pharmacy benefit overview

- Key topics
- Resources for you

#### Your Employer's Pharmacy Benefit







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#### **Prescription Plan at a Glance**

For any questions or more information about your prescription plan, please log in anytime at express-scripts.com. You can also call the Member Services number on the back of your member ID card.



#### Member ID Card





#### The Express Scripts® Mobile App

- Electronic ID card
- Find a pharmacy
- Price a medication
- Reminder Notifications
- Activate account on The Express Scripts Mobile App or express-scripts.com



## **Benefits of Home Delivery**

- Good option for long-term medications
- Saving three monthly trips to a retail pharmacy
- Automatic refills and renewals
- 24/7 pharmacist access from the comfort and privacy of your own home
- Secure packaging that ensures your privacy
- Free and safe delivery of your medicine
- You can refill, renew and track your order using the mobile app or online at express-scripts.com
- It's easy to start: Express Scripts will contact your doctor for you to get your new prescription delivered right away!



## **Home Delivery**

- Convenient home delivery from the Express Scripts Pharmacy<sup>SM</sup> is preferred by your plan
- You can continue going to a retail pharmacy every month, but you could potentially pay a higher cost for your long-term medication
- You can fill a long-term medication up to 3 times at a participating retail pharmacy before your copay will increase.
- To get started, call the number on the back of your Express Scripts ID card







#### **Prior Authorization**



- A program that monitors certain prescription drugs to get you the medicine you require while reducing costs.
- It makes sure you're getting a prescription that is suitable for the intended use and covered by your prescription plan.
- If your pharmacist tells you that your prescription needs a prior authorization (PA), it simply means that more information is needed, to see if your plan covers the drug. Only your physician can provide this information.

To get the PA started: Please have your physician visit the Express Scripts online portal at <u>esrx.com/PA</u>



## **Drug Quantity Management**

- The right medicine in the right amount
- When you are prescribed certain medicines that are a part of a drug quantity management (DQM) program, Express Scripts will make sure you get it in the amount – or quantity – considered safe and effective by the U.S. Food & Drug Administration (FDA)
- You get the right amounts for good health and the health of your family
- There is nothing that you need to do differently when you submit a
  prescription for a medicine in a DQM program, you'll get the recommended
  amount which should last until it's time for a refill



# **Step Therapy**

- Step therapy is in place to make sure you get safe and proven-effective medicine for your condition – at the lowest possible cost to you and your plan sponsor
- Here's how step therapy works:
  - A panel of independent licensed physicians, pharmacists and other medical experts work with Express Scripts to recommend medicines for the step therapy program.
  - First-step medicines Generic and lower-cost brand-name medicines. They are proven to be safe and effective, as well as affordable.
  - Second-step medicines Typically brand name medications. They are best suited for patients who do not respond to first-line medicines.

For any questions or inquiries about step therapy... Call the Member Services number on the back of your card



# Drug List

- Physicians and pharmacists routinely review the medicines on your drug list that are covered by your prescription plan
- Generic and brand-name drugs (preferred drugs)
  - Generics cost less than brand-name drugs
  - Preferred drugs are proven just as effective as more expensive counterparts
- Non-preferred and excluded drugs
  - You can still fill a prescription for a nonpreferred drug, but you'll have a higher copayment
  - Certain medicines are excluded, which means they're not covered at all



# When asking for a generic, use these six simple words ...

## "Is there a generic for that?"

#### WHEN TO ASK



Check out your prescriptions before leaving your doctor's office and ask the doctor or nurse for a generic



Give your prescriptions a checkup by reviewing all of your medicines regularly with a doctor or pharmacist to see if new options are available Ŀ

The easiest way to find a generic is by using the web or mobile app, you can also Price a Medication at expressscripts.com



# On the go through the Express Scripts Mobile App

#### Convenience

 Easy-order refills and up-to-the-minute order status

#### Simplicity

 One swipe of the finger is all it takes to stay on track with medicines



#### Peace of Mind

• Reminders and a drug interaction checker

#### Versatility

 Delivering personalized prescription information – whenever & wherever you need it



#### Five ways to be a smarter pharmacy consumer



Ask your doctor for a generic or a lower-cost equivalent



Don't be fooled by drug coupons



Use the most cost-effective pharmacy option



Take your medicines as prescribed



Set reminders to help you stay on track



#### express-scripts.com



# Manage your prescriptions online 24/7

- Check order status with tracking
- Refill a prescription
- Enroll in automatic refills
- Find ways to save money
- Transfer a prescription from a retail pharmacy to home delivery
- View claims, balances and prescription history
- Receive online alerts if there's a prescription-related safety issue

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Omeprazole dr 10 mg capsule	Rx #: 123456788001 90-day supply	Refill past due You may be running	Add to cart	



#### We're Here to Help

For any questions or more information about your prescription plan ...

- Log in at express-scripts.com or get the Express Scripts mobile app at express-scripts.com/mobileapp
- Call the Member Services number on the back of your card
- To speak to a pharmacist about your prescriptions ...
  - Call the Member Services number on the back of your card
- To register to receive your prescriptions by home delivery ...
  - Log in at express-scripts.com or use the mobile app
  - (Register using your member ID number or social security number)



## Thank You

- Pharmacy benefit
- express-scripts.com
- The Express Scripts Mobile App

