

# Find a provider



A UnitedHealthcare Company

Finding a network provider on [go.umar.com/sonm](https://go.umar.com/sonm) or the **UMR app** has never been easier

1

Go to [go.umar.com/sonm](https://go.umar.com/sonm) and select **Find a provider**

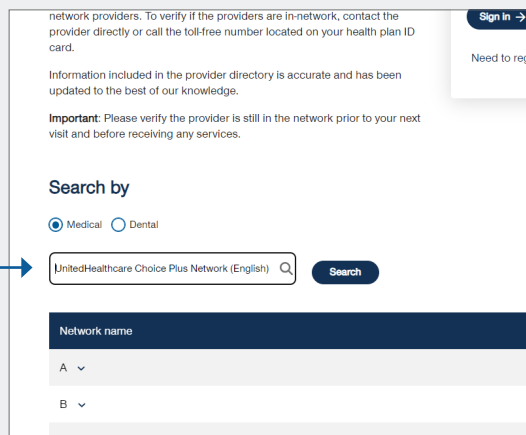
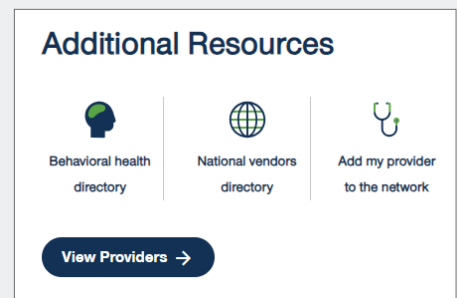
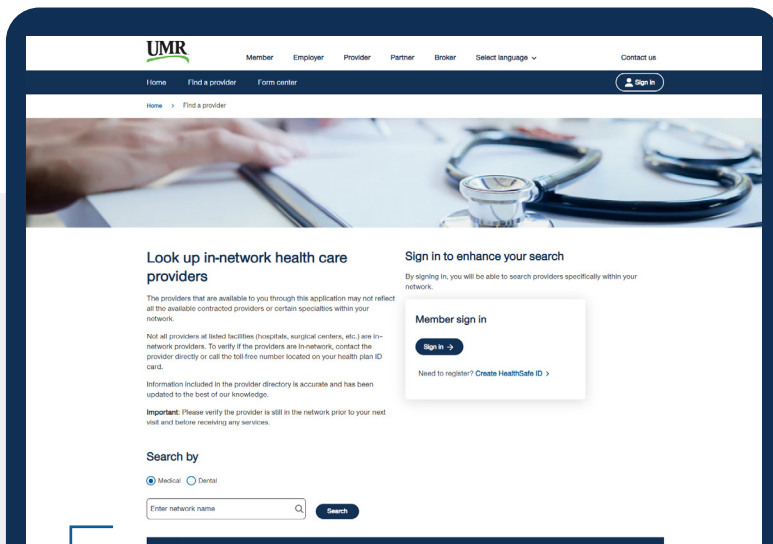
2

This will launch a new window. Update your zip code if necessary. You can search on People, Places, Services and Treatments, or Care by Condition.

3

For Primary Care Physicians and Specialists, Spot the Dot. Look for the Tier 1 indicator to receive the highest level of benefits.

TIER 1

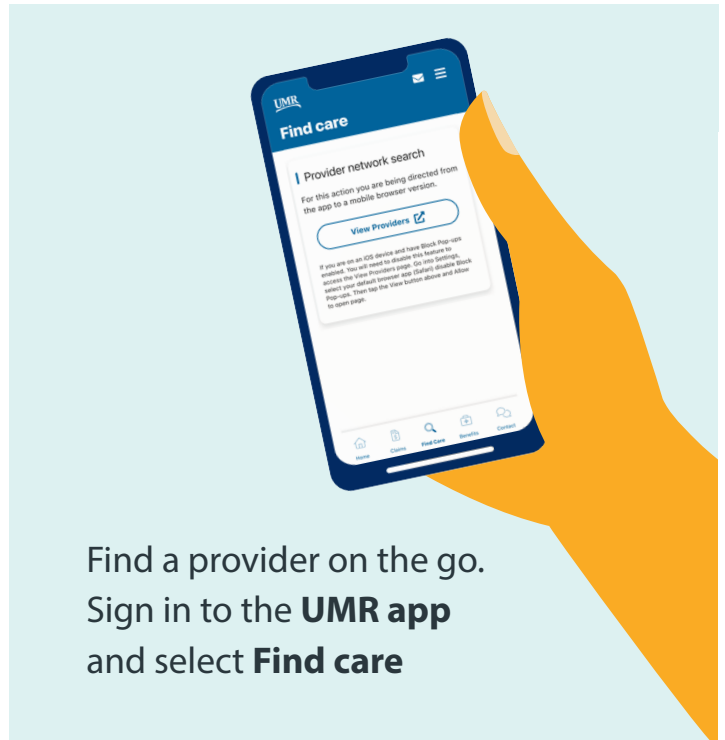


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## UnitedHealthcare Choice Plus

The UnitedHealthcare online provider directories include network hospitals, primary physicians and specialists. The following information is available:

- Provider name, address and phone number
- Hospital affiliation
- Board certification
- UnitedHealth Premium® Quality & Cost Efficiency designations that highlight physicians by quality of care and cost standards in their specialty
- Average costs for care in your area and how different providers compare to the local average
- Provider ID number
- Office language capabilities (English, Spanish, etc.)
- Map and directions to each office



Find a provider on the go.  
Sign in to the **UMR app**  
and select **Find care**



### Remember

Get the most from your benefit plan – use participating network health care providers whenever possible.



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