



# What a Community Health Worker Can Do for You

Albuquerque Public Schools,  
NMRHCA Senior Care Group,  
NMRHCA, SONM, NMPSIA

Contact us:

## Community Health Worker Program

(505) 923-8567 or  
1-866-597-7839

[chwincomingdocuments@phs.org](mailto:chwincomingdocuments@phs.org)



*“You CHWs are miracles.  
Thank you for helping me  
get the treatment I needed.”*

– Member enrolled in  
the CHW program at PHP

 **PRESBYTERIAN**

[www.phs.org](http://www.phs.org)

# Who are Community Health Workers?

Presbyterian Health Plan Community Health Workers (CHWs) work and live in the same communities as you and, through special training, are a great resource to help you get what you need to stay as healthy as possible.

CHWs are committed to helping you and your family improve your health by helping you find housing, food, utility assistance, transportation, translation services and visit a healthcare provider. This service is confidential and provided at no additional cost to you.

They can also help you better manage other health conditions such as pregnancy, asthma, diabetes, behavioral health, and substance use problems.

## What to expect from your CHW



Once you let us know you want services, your CHW will call you to set up an appointment. They can meet you at your home or talk with you on the telephone. They will ask you questions so that they can understand what services you want and need.



Your CHW will help you develop an action plan to address the services you want and need.



CHWs can help you for as long as you want, but services usually last 30 to 90 days.



## How do I get CHW services?

To ask for CHW services, call or email.



Call (505) 923-8567 or 1-866-597-7839



Email: [chwincomingdocuments@phs.org](mailto:chwincomingdocuments@phs.org)



Presbyterian Health Plan offers CHW services in English and Spanish.