



# The State of New Mexico Group Benefits Plan Plan Year: January–December 2019

## *Prescription Drug Program*



# About Express Scripts

- Express Scripts is the State of New Mexico's chosen partner for administering your prescription plan
- We are a leading pharmacy benefit manager that puts medicine in reach for tens of millions of people
- As an Express Scripts member, you have access to:
  - 60k+ retail pharmacies located across the United States
  - Convenient home delivery services
  - Express-Scripts.com and our mobile app for ordering and managing your prescriptions
  - Accredo specialty pharmacy for medications that treat complex and chronic health conditions
  - Specialized pharmacists, nurses and other clinicians in 20+ condition-specific Therapeutic Resource Centers



# Express Scripts Formulary

Your plan covers a broad range of medications that fall into three categories:

## First tier:

Generic drugs

## Second tier:

preferred brand-name drugs  
(lower cost)

## Third tier:

Non-preferred brand-name drugs  
(higher cost than First and Second tier)

**Excluded:** drugs that are not covered under your benefit



## 2018 Express Scripts National Preferred Formulary

<b>K</b>	aztreonam	cloradine	EMVERM	CILENYA
	INJU) - injectable drug	clorazepate	enalapril	GILOTRIF
	Brand-name drugs are listed in CAPITAL letters.	clotrimazole/betamethasone	ENGEREL (INJ)	gimepiride
	Generic drugs are listed in lower case letters.	dipropionate	enoxaparin (INJ)	eligipide
<b>B</b>	baclofen	COLYPS	ENSTILAR	elipipide ext-release
	BARACLUDE SOLUTION	COMBIPATCH	ENTRESTO	GLUCAGEN (INJ)
	benazepril	COMBIPATCH RESPIMAT	EPCLUSA	GLUCAGON (INJ)
	benicar	COPAXONE 40 MG (INJ)	EPINEPHRINE FORTE	glyburide
	BP2REVE	CORLANOR	EPINEPHRINE AUTO-INJECTOR	LYAMB
	BETASERON (INJ)	COSENTYX (INJ)	(by Mylan) (INJ)	GONAL-F, GONAL-F RFF,
	BETHKIS	CREON	EPIPEN, EPIPEN JR (INJ)	GONAL-F RFF, REDI-JECT (INJ)
	BEVESPI AEROSPHERE	CRINONE	ergocalciferol	GRALISE
	ACETAMINOPHEN/colecline	cyanocobalamin (INJ)	ERLEADA	GRANIX (INJ)
	ACTEMRA (INJ)	cyclobenzaprine	erythromycin ointment	GRATEK
	ACTHAR H.P. (INJ)		escitalopram	guanfacine ext-release
	aspirin		esomeprazole magnesium	
	ACURICA		delayed-release	
	ADEMPAS		estradiol	
	ADVAR DISKUS		estradiol patches	
	ADVAIR HFA		estradiol/norethindrone	
	ASTYFLY (INJ)		acetate	
	AIMOVIG (INJ)		ESTRING	
	AKVAPAIN		estradiol-one	
	albuterol nebulization		EU-EXXA (INJ)	
	solution		EVEREVE	
	alendronate		EXATAVA (INJ)	
	allopurinol		ezetimibe	
	ALPHAGAN P 0.1%			
	alprazolam			
	AMERIPSONE			
	AMITIZA			
	amitriptyline			
	amiodipine			
	amiodipine/benazepril			
	amiodipine/valsartan			
	amoxicillin			
	amoxicillin/potassium clavulanate			
	AMPYRA			
	anastrozole			
	ANDRODERM			
	ANDROGEL 1.62%			
	ANORO ELLIPTA			
	apri			
	APRISO			
	ARCAPTA NEGOHALER			
	aztreonam			
	ARISTADA (INJ)			
	ARMONAIR RESPCLICK			
	ARNUTITY ELLIPTA			
	ASMANEX HFA			
	ASMANEX TWISTHALER			
	atenolol			
	atenolol/chlorthalidone			
	atovaquone			
	AVONEX (INJ)			
	AZASITE			
	azelastine nasal spray			
<b>C</b>	cefoxime axetil	amphetamine	FEZIM	ibandronate
	celexcoxib	amphetamine ext-release	FINCA	IBRANCE
	cephalexin	amphetamine ext-release	FINFIBRATE	ibuprofen
	CETROTIDE (INJ)	clazosentan	FENIBRATE	ILEVRO
	chlorhexidine gluconate	delayed-release	FELCTOR	INCRESE ELLIPTA
	chlorothalidone	delayed-release	FLOWENT DISKUS	indometacin
	CILALIS	digoxin	FLOWENT HFA	INNOVATEA (INJ)
	CIPRODOX	digoxin ext-release	FLUONAZOLE	INLYTA
	ciprofloxacin	dimenhydrinate/strychnine	flucinonide	INVAKOMET
	clotrimazole	disipropoxyl delayed-release	fluticasone	INVAKOMET XR
	clarithromycin	disipropoxyl ext-release	fluticasone nasal spray	INVOKANA
	CLENQI	donepezil	folic acid	IRBESARTAN
	clindamycin hcl	doxazosin	FRAGMIN (INJ)	IRESSA
	clindamycin phosphate/ topical	duodenase	furosemide	isosorbide mononitrate
	clindamycin phosphate/ benzyl peroxide	DUARVE	gabapentin	ext-release
	clobetasol propionate	DULERA	GANLIQUE	
	clomiphene citrate	DUXEY	gemfibrozil	
	clonazepam	DUPIXENT (INJ)	GENOTROPIN (INJ)	
		DYMISTA	GENOVOYA	
<b>E</b>	EDARBI			
	EDARBYLCYCLOR			
	EUDEL			
	ELIQUIS			
<b>G</b>	gabapentin			
	GANLIQUE			
	gemfibrozil			
	GENOTROPIN (INJ)			
	GENOVOYA			

The following is a list of the most commonly prescribed drugs. It represents an abbreviated version of the drug list (formulary) that is at the core of your prescription plan. The list is not all-inclusive and does not guarantee coverage. In addition to using this list, you are encouraged to ask your doctor to prescribe generic drugs whenever appropriate.

**PLEASE NOTE:** Brand-name drugs may move to nonformulary status if a generic version becomes available during the year. Not all the drugs listed are covered by all prescription plans; check your benefit materials for the specific drugs covered and the copayments for your prescription plan. For specific questions about your coverage, please call the phone number printed on your member ID card.

(continued)

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You can find more information at [express-scripts.com](http://express-scripts.com).

#10212, 34, 36, 37 MP-A

PWES2213-18 (01/18)

# Prescription Costs

	Participating retail pharmacies	Express Scripts Home Delivery
	Retail (30-day supply)	Mail Order (90-day supply)
<b>Out of Pocket Maximum</b>	\$3,500 single / \$10,500 family (accumulated with Medical OOP towards annual max)	
<b>Deductible</b>	\$50 Individual / \$100 Family only on Non-Generic (applies to Medical annual OOP Max)	
<b>Generic</b>	\$6	\$17
<b>Brand (Preferred)</b>	30% (\$35 min / \$95 max)	\$120
<b>Brand (Non-Preferred)</b>	40% (\$60 min / \$130 max)	\$155
Specialty Medications (30 day supply) – <b>Effective 1/1/19:</b> Must be obtained via <b>Accredo Specialty Pharmacy</b>	\$60 Generic \$85 Preferred Brand \$125 Non-preferred Brand	

\*\*\* If you obtain a brand-name drug when a generic equivalent is available, you are responsible for the brand copayment plus the cost difference between the brand-name drug and the generic drug. This does not apply to specialty medications.

# Use Express Scripts Home Delivery for your Maintenance Medications

Receive up to a 90-day supply with free standard shipping

Take advantage of our Automatic Refill Program for added convenience!

State of New Mexico Home Delivery Program:

- 3 retail fills are allowed on maintenance medications before copay increases
- On the 4th fill at retail the copay will increase to the mail order copay for that drug tier (for a 30 day supply)

Maintenance Drugs	Retail Copay (30-day supply) Up to 3 fills	Retail Copay (30-day supply) Starting on 4 <sup>th</sup> fill
Generic	\$6	\$17
Brand (Preferred)	30% (\$35 min / \$95 max)	\$120
Brand (Non-Preferred)	40% (\$60 min / \$130 max)	\$155

# Vaccines

- State of NM members will pay \$0 on certain vaccines including:
  - Influenza (Flu), Pneumonia, Shingles, MMR, Hepatitis A & B, Meningococcal, Tetanus/Diphtheria/Pertussis, Varicella (chicken pox)...to name a few
- Vaccines through the pharmacy benefit are:
  - A key preventive measure for seasonal influenza and other viral conditions;
  - More convenient and less expensive through your local pharmacy than at a private physician's office;
  - Likely to result in lower medical costs
  - Call Customer Service to locate a certified pharmacist near you

# Get Started With Express Scripts Mail Order



- **E-Prescribe (electronic prescribing)** - Have your physician send your prescription direct to Express Scripts pharmacy for processing
- **Phone** – Call into Express Scripts customer service and request that your maintenance medication be moved to home delivery. We will consult your physician and take it from there!
- **Register** – on express-scripts.com or Express Scripts mobile app and transfer medications to home delivery with a click of a button
- **Mail** – Complete a home delivery order form and submit it, along with a paper prescription, for processing
- **Payment Options** - check card or credit card is the preferred method for online orders. ESI accepts Visa, MasterCard, American Express and Discover. Provide your check card or credit card information or choose to be billed later for mail in orders.



# Ask your doctor if a generic medication will work for you

- When you receive a prescription from your doctor, or if you are taking brand-name drugs today, ask
  - If a generic version of the medication is available
  - If generic medications are right for you
  - If there are any risks if you change from a brand-name drug to a generic drug
- Generics have the same chemical makeup as brand-name counterparts and have the same effect on the body
- Makers of generics spend less on research and advertising, and the savings get passed on to you

**8 out of 10**  
prescriptions  
filled in  
the United States  
are for  
generic drugs

# Have a question about a medication?

Give us a call

Each specialist pharmacist has had specialized training in the medications used to treat a specific condition, such as:

- High cholesterol
- High blood pressure
- Depression
- Diabetes
- Asthma
- Osteoporosis
- Cancer

You can contact a pharmacist 24/7 to ask about:

- Drug interactions
- Side effects
- Risks and benefits of your medication
- Help taking your medication as prescribed — which is one of the best ways to help maintain or improve your health

Talk with an Express Scripts pharmacist for general counseling — or a specialist pharmacist for complex concerns — by calling the number on the back of your prescription drug ID card

**800-743-1720**

# Personalized care for patients

## Retail pharmacists

- Typically generalists who dispense medications for many conditions
- Juggle many tasks: filling prescriptions, checking orders, overseeing pharmacy
- Pharmacy setting offers minimal privacy to speak to patients
- Average time talking to each patient is only a couple minutes

## Express Scripts Pharmacists

- Extensively trained in medications for a single disease state
- Focused on disease and therapy management
- Available to speak to patients in their homes or wherever they prefer, for as long as they prefer
- Ask to speak to a pharmacist by calling the customer service number on the back of your ID card

# Prior Authorization

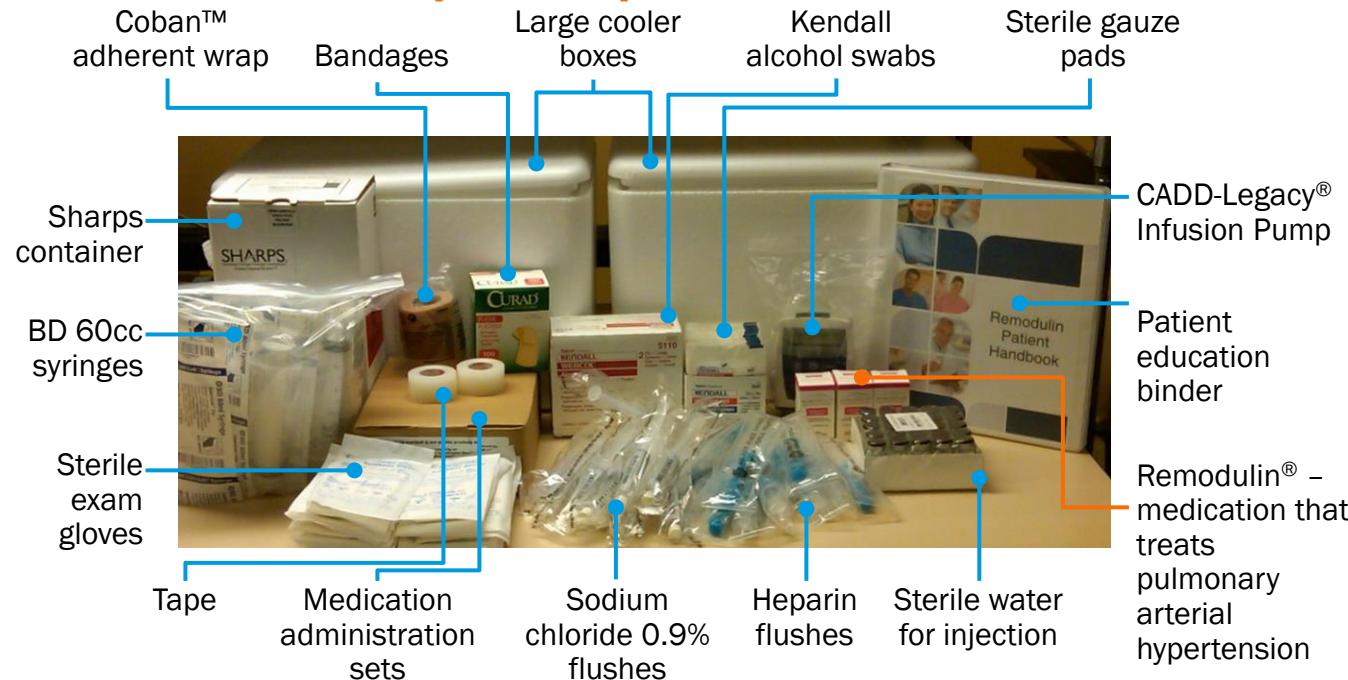


- Some medications require a Prior Authorization – a process to ensure the medication prescribed is appropriate for the patient and/or the condition and is covered by the prescription drug plan
- Use the mobile app with your doctor to search if your medication requires a Prior Authorization.
- Many doctors can submit the required documentation electronically for a faster turnaround time!
- Most Prior Authorizations expire after 1 year

# Take a Look...

## The complexity of specialty medications

**One prescription = 16 items**



# Accredo Specialty Pharmacy



Hepatitis C

Pulmonary  
hypertension

Fertility

15

Areas of focus, including:

Oncology

Rheumatoid  
Arthritis

Immune  
disorders

Multiple  
sclerosis

Cardiovascular

HIV

Bleeding  
disorders

Endocrine

Pulmonary

Rare  
diseases

Cystic  
fibrosis

Transplant

## Unique clinical protocols

maximize safety, effectiveness  
and affordability

## One-on-one counseling

from specialty pharmacists  
and nurses

**NEW January 1, 2019:**

State of NM's plan will offer a specialty program through SaveonSP on select specialty drugs to maximize the use of manufacturer assistance dollars which could result in a \$0 copay.

Drugs are dispensed through Accredo Specialty Pharmacy. SaveonSP will be mailing a letter to all patients on a targeted medication prior to 1/1/19.

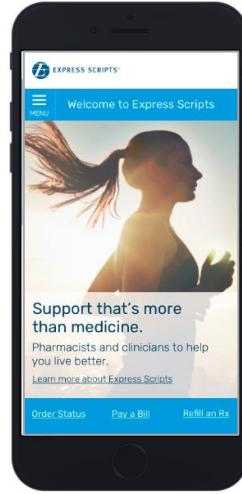
# Express Scripts Registration

Use [express-scripts.com](http://express-scripts.com) and the Express Scripts mobile app to manage your medications and prescription benefit plan.

There are two easy ways to register:



Register at [express-scripts.com](http://express-scripts.com) or ....



... download the  
**Express Scripts**  
mobile app for free  
and register

- Register using your member ID number or Social Security Number (SSN)
- One user name and password is all you need for web and mobile app access

# Express-scripts.com home page



Order status is the **#1 REASON**  
members visit the website.

- Provides a one-stop shopping experience
- Services at your fingertips including:
  - Order status with tracking
  - Refilling a prescription
  - Enrolling in automatic refills
  - Visibility to home delivery savings
  - Transferring a prescription to home delivery
  - Navigating to anywhere in the site

EXPRESS SCRIPTS® Items in Cart

Prescriptions Benefits My Account Help Accessible View | Español

**Recent Order Status** [Go to full order status](#)

Synthroid 50 mcg tablet 50 mcg, brand	Rx #: 123456789003	Chris (09/09/1945) <span style="color: red;">We need your approval</span>
<a href="#">View details</a>		
Toprol XL 200 mg tablet 200 mg, brand	Rx #: 123456789003	Chris (09/09/1945) <span style="color: red;">Address Verification Required</span>
<a href="#">View details</a>		
Harvoni 90-400 mg tablet 90 mg - 400 mg, brand	Accredo Rx #: 297-4444564-00	Vanessa (07/28/1969) Shipped on XX/XX/XXXX Tracking # 97148507164950649731480
<a href="#">View details</a>		
Lisinopril 20 mg tablet 20 mg, generic	Rx #: 123456789010	Vanessa (07/28/1969) Shipped on XX/XX/XXXX Tracking # 97148507164950649731480
<a href="#">View details</a>		

**Automatic Refills** [Manage automatic refills](#)

**3** Imagine the convenience of no longer ordering refills for 3 prescriptions. Just enroll eligible prescriptions in our automatic refill program, and we'll take care of the rest. [Start now](#) Don't show again

Atorvastatin 20 mg tablet 20 mg, generic	Rx #: 123456789010	Chris (09/09/1945) Will process after XX/XX/XXXX
<a href="#">View details</a>		
Avodart 0.5 mg softgel capsule 0.5 mg, brand	Rx #: 123456789011	Chris (09/09/1945) Will process after XX/XX/XXXX
<a href="#">View details</a>		
Lisinopril 20 mg tablet 20 mg, generic	Rx #: 123456789012	Vanessa (07/28/1969) Will process after XX/XX/XXXX
<a href="#">View details</a>		
Zynga 250 mg tablet	Rx #: 123456789013	Vanessa (07/28/1969) Will process after XX/XX/XXXX
<a href="#">View details</a>		

**Prescriptions You Can Order Today** [Find a prescription not listed](#) [View Rx Archive below](#)

Chris (09/09/1945)	Rx #: 123456789001	Refill past due You may be running low on this medication <input type="checkbox"/> Add to cart
Omeprazole dr 10 mg capsule 10 mg, generic	<a href="#">View details</a>	<a href="#">View details</a>

# Online Order Status = real-time visibility

The image shows a screenshot of the Express Scripts website. At the top, there is a navigation bar with links for Prescriptions, Benefits, Account, Help, Accessible view, Espanol, and Logout. The main content area is titled "Recent Order Status" and shows a prescription for "Toprol XL 200 mg tablet" (Rx # 123456789003) for "Chris (09/19/1960)". A callout box highlights the "Go to full order status" button. Below this, there is a "Recent Order Status" summary table and a note about shipping address verification. A red arrow points from the "Go to full order status" button to a detailed order status page. This page shows the "Order placed on: January 6, 2016" and "Confirmation #: 901234658". It includes sections for "Invoice #: 12551093", "SHIPPED" status (01/08/14 via UPS-Ground, 100 Parsons Pond Rd, Franklin Lakes, NJ 07417), "Simvastatin tabs 40mg tablet" (Rx #: 12344455667 | For: Vanessa (07/18/1962)), and payment details (Plan pays: \$150.00, You pay: \$30.00). A "Track Shipment" button is also present. A second red arrow points from the "Go to full order status" button to an email confirmation message. The email subject is "We got your order." It contains the message "Thanks for your order. Your order number is 272382272. You can see the details of the order we're processing in this message. We'll let you know when we ship it to you." and "Prescription #: \*\*\*\* 4402. We'll process your order after it is eligible to be filled on 09/24/2017."

- Clear, detailed order status
- Self-service messages
- Track shipping
- Real-time email order confirmation

# My Rx Choices on express-scripts.com - explore options

**Price a medication**

**PATII**  
Chris  
You  
Accupril 5mg Tablet

**Accessible from Price a Medication**

**Price another medication** Visit My Rx Choices® for potential savings [Help](#)

**My Rx Choices**

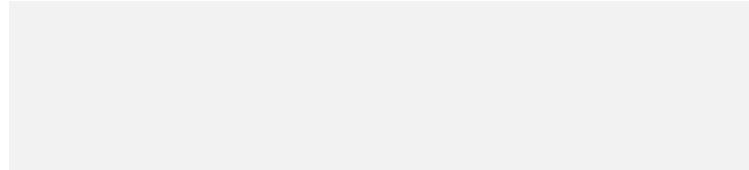
Choose alternatives for your doctor to consider and click the "continue" button to go to the next step. For your convenience, we've preselected the lowest-cost medication alternatives available at this time. There may be multiple lower-cost alternatives. To review other alternatives, which could have the same or similar pricing, click the "view other alternatives" link for each medication. To remain on your current medication, select the radio button to the left of the medication name. Learn about our [Extended Payment Program](#), which lets you pay for medications in 3 monthly installments. [Calculate your estimated monthly payments](#).

If you received a letter from us regarding potential savings using My Rx Choices, the savings may be different from what is displayed below because My Rx Choices uses the most current pricing based on your plan.

Medication	You pay	Lower-cost choice	You pay	YOU SAVE
<input type="radio"/> <b>Accupril 5 MG Tablet</b> (brand) Dosage: 1 tablet, once a day	\$216.00 per year	<input checked="" type="radio"/> <b>Quinapril tabs 5 MG Tablet</b> (generic alternative) Dosage: 1 tablet, once a day	\$0.00 per year	<b>\$216.00 per year</b>
Pharmacy: Retail <small>Coverage rules may apply. How much does my plan pay? Get different results with different days' supply and quantity</small>	\$18.00 for 30 days	Pharmacy: Express Scripts Pharmacy™ <small>Coverage rules may apply. How much does my plan pay? Compare drug information</small>	\$0.00 for 90 days	<a href="#">Explain my savings</a> <a href="#">View other alternatives</a>
<input type="radio"/> <b>Glicoprase Tabs 500 MG Tablet</b> (brand) Dosage: 1 Tablet, once a day	\$310.20 per year	<input checked="" type="radio"/> <b>metformin hydrochloride 500 MG Tablet</b> (generic equivalent) Dosage: 1 tablet, once a day	\$56.84 per year	<b>\$260.36 per year</b>
Pharmacy: Retail <small>Coverage rules may apply. How much does my plan pay? Get different results with different days' supply and quantity</small>	\$26.60 for 30 days	Pharmacy: Express Scripts Pharmacy™ <small>Coverage rules may apply. How much does my plan pay? Compare drug information</small>	\$14.71 for 90 days	<a href="#">Explain my savings</a> <a href="#">View other alternatives</a>
<input type="radio"/> <b>Leteos 20 MG Capsule</b> (brand) Dosage: 1 Capsule, once a day	\$201.12 per year	<input checked="" type="radio"/> <b>lovastatin 10 MG Tablet</b> (generic alternative) Dosage: 1 tablet, once a day	\$60.00 per year	<b>\$141.12 per year</b>
Pharmacy: Retail <small>Coverage rules may apply. How much does my plan pay? Get different results with different days' supply and quantity</small>	\$18.76 for 30 days	Pharmacy: Express Scripts Pharmacy™ <small>Coverage rules may apply. How much does my plan pay? Compare drug information</small>	\$15.00 for 90 days	<a href="#">Explain my savings</a> <a href="#">View other alternatives</a>
<input type="radio"/> <b>Tenormin Tabs 50 MG Tablet</b> (brand) Dosage: 1 Tablet, once a day	\$527.28 per year	<input checked="" type="radio"/> <b>atenolol 50 MG Tablet</b> (generic alternative) Dosage: 1 tablet, once a day	\$120.00 per year	<b>\$407.28 per year</b>
Pharmacy: Retail <small>Coverage rules may apply. How much does my plan pay? Get different results with different days' supply and quantity</small>	\$43.94 for 30 days	Pharmacy: Express Scripts Pharmacy™ <small>Coverage rules may apply. How much does my plan pay? Compare drug information</small>	\$10.00 for 90 days	<a href="#">Explain my savings</a> <a href="#">View other alternatives</a>
<b>Savings per year:</b> <b>\$1024.76</b>				
<a href="#">&lt;&lt; previous</a>		Your choices could save you \$1024.76 out of a possible \$1024.76 once your doctor approves. When you click the "continue" button, your choices will also be checked for possible drug interactions.		
		<a href="#">continue</a>		

- Side-by-side drug comparisons to help you select the right medication at the best cost
- See potential savings by moving to home delivery
- Helpful drug information
- Ability to print research for doctor review
- Access to Consumer Reports Best Buy Drug information
- Displays 25+ possible lower-cost options to help you shop smart

# Easy to locate in-network retail pharmacies



Locate a pharmacy [< Back | Vaccine Administration Program Information](#)

07417 Enter Zip Code or City, State:  [Locate Pharmacy](#)

Show pharmacies starting with the letter: [A](#) [B](#) [C](#) [D](#) [E](#) [F](#) [G](#) [H](#) [I](#) [J](#) [K](#) [L](#) [M](#) [N](#) [O](#) [P](#) [Q](#) [R](#) [S](#) [T](#) [U](#) [V](#) [W](#) [X](#) [Y](#) [Z](#) [Show all](#)

**1** ACME PHARMACY #1054 5.9 mi  
136 LAKE AVE  
MIDLAND PARK, NJ - 07432  
201-612-3070  
» Preferred pharmacy. You may get up to a one month supply. [Get directions\\*](#)

**2** STOP AND SHOP #0829 816 FRANKLIN AVE

\*When you click on a link to "Get directions" to any pharmacy above, you will be leaving the member website which is governed by separate Terms of Use and Privacy Policy.

- Select “**Find a Pharmacy**” on [express-scripts.com](#)
- Search results show nearby in-network pharmacies with address and contact details
- Pharmacy details indicate if it is an in-network (preferred) pharmacy
- Link available for **directions using Google Maps**

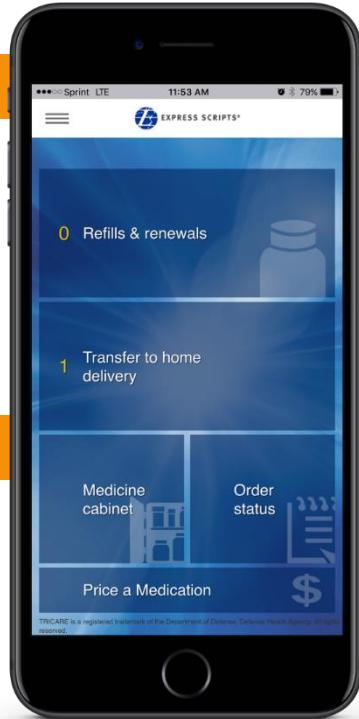
# An app that drives better decisions and healthier outcomes for members on the go

## Convenience

- Easy-order refills and up-to-the-minute order status lets members avoid trips to their local pharmacy

## Simplicity

- One swipe of the finger is all it takes to stay on track with medications



## Peace of Mind

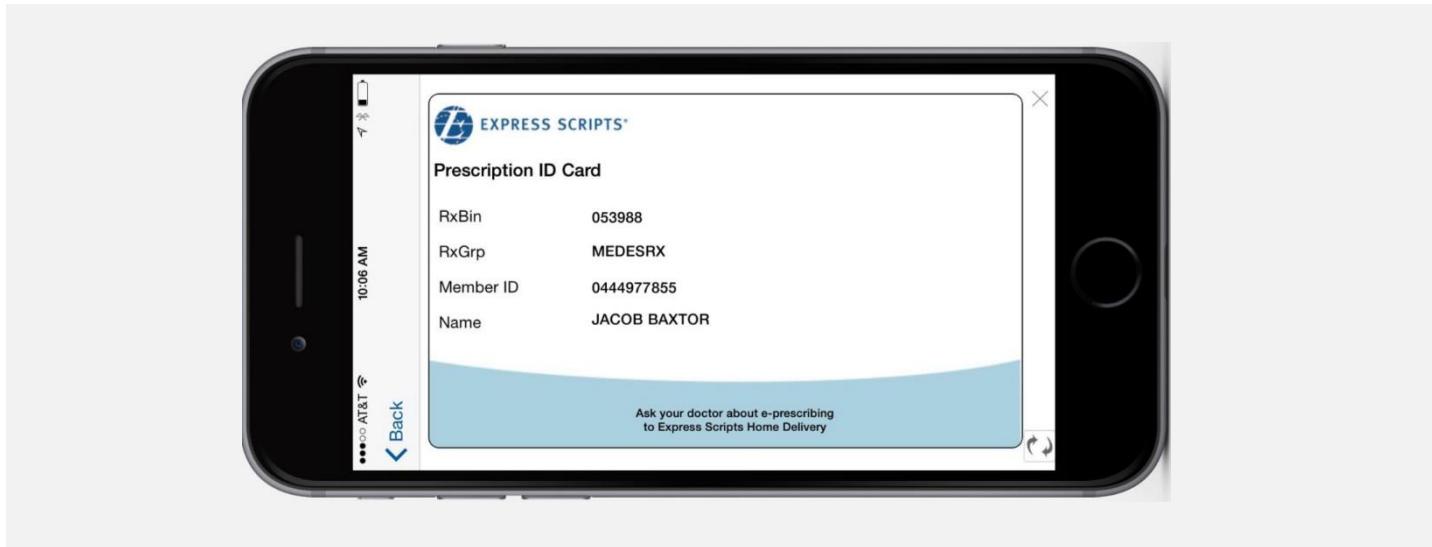
- Reminders and a drug interaction checker help keep members traveling on the road to good health

## Versatility

- Flexibility that fits members' lives, delivering personalized prescription information – *whenever & wherever* they need it

# Added Convenience

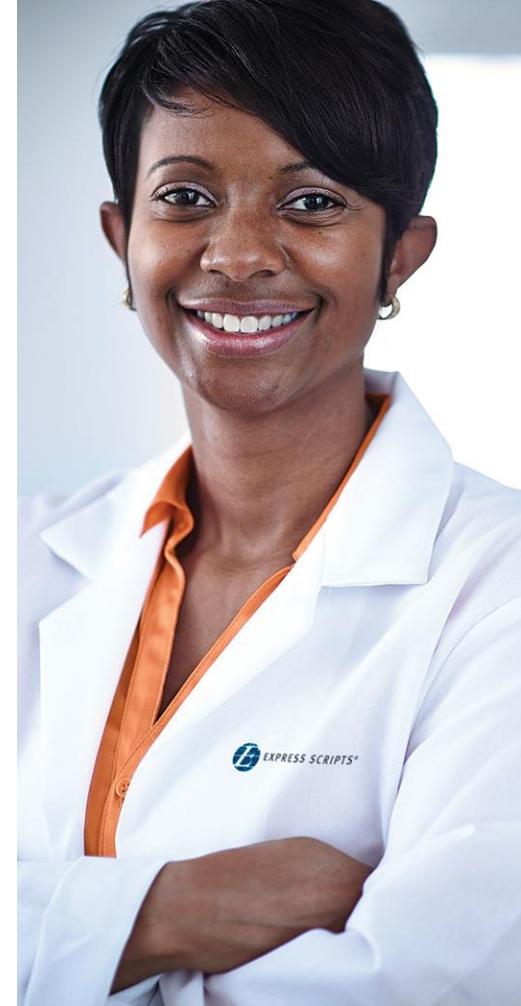
## Virtual ID card



# Express Scripts:

We're here for you

- Register at [Express-Scripts.com](http://Express-Scripts.com), using the information on your member ID card
- Download the [Express Scripts mobile app](#) from your app store to manage your medicines anywhere, anytime
- Call the Member Services number on the back of your member ID card:  
**800-743-1720**



# Thank you

