

COBRA Monthly Premium Rates July 1, 2022 - June 30, 2023

0% PREMIUM LOAD

Provider	Employee	Employee + Spouse	Employee + Children	Family
Admin. Fee	\$1.37	\$1.37	\$1.37	\$1.37
Presbyterian - HMO	\$548.04	\$1,233.09	\$986.48	\$1,616.70
BCBS NM - HMO	\$548.04	\$1,233.09	\$986.48	\$1,616.70
BCBS NM - PPO	\$637.35	\$1,434.14	\$1,147.28	\$1,880.34
Cigna - HMO (OAPIN)	\$542.56	\$1,220.76	\$976.62	\$1,600.53
Cigna - PPO (OAP)	\$630.97	\$1,419.80	\$1,135.80	\$1,861.54
Delta Dental	\$32.98	\$65.90	\$75.83	\$98.88
EyeMed	\$6.12	\$11.54	\$13.41	\$16.99

COBRA is the premium rate + 2%