

# Meet your Care Team at the Stay Well Health Center



**Roger Cisneros** is our Clinic Operations Manager. He received his BA from NM Highlands University where he majored in Exercise Physiology and minored in Health Education.

Since graduation, Roger has worked across a wide variety of disciplines such as: Physical Therapy, Occupational Medicine, Human Resources, Urgent Care, and most recently, Pediatric & Family Practice. Roger brings with him eleven years of Outpatient Clinic Management experience, along with four years of Labor Relations experience. As a lifelong resident of Northern New Mexico, Roger continues to happily serve the Santa Fe Community as he has done for over 20 years.



**Abby Rodriguez** is a Nurse Practitioner at the Stay Well Health Center. She believes in optimizing a patient's health by promoting healthy lifestyle change. Abby received her Bachelor's Degree in Nursing from the University of Iowa and her Master's Degree in Nursing from UNM.

Abby brings experience of family medicine, urgent care and integrative medicine with her to the Stay Well Health Center. Her focus is integrative medicine, preventative medicine and urgent care.



**Carla Gordan** is a Nurse Practitioner with the Stay Well Health Center. She feels providing holistic patient-centered care, developing ongoing relationships, and collaborating to improve health and wellness is important. Carla received her M.S. in Nurse-Midwifery and Post-Master Certification in Nurse Practitioner-Family at UNM. Carla has practiced nursing right here in Santa Fe. Her goal with each patient and family is to ensure that they are well informed, and empowered to make beneficial choices to improve health and their quality of life.



**Lisa Kaufman** received her BSN from UNM and has served the Santa Fe healthcare community for 40 years as an RN and Clinical Research Trail Coordinator.

Lisa offers resources and strategies specifically designed for clients to meet their health goals they have set for themselves, as she believes in empowering clients to become invested in the development of their own health goals and action plans.