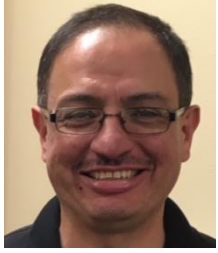


Meet your Care Team at the Stay Well Health Center



Roger Cisneros is our Clinic Operations Manager. He received his BA from NM Highlands University where he majored in Exercise Physiology and minored in Health Education.

Since graduation, Roger has worked across a wide variety of disciplines such as: Physical Therapy, Occupational Medicine, Human Resources, Urgent Care, and most recently, Pediatric & Family Practice. Roger brings with him eleven years of Outpatient Clinic Management experience, along with four years of Labor Relations experience. As a lifelong resident of Northern New Mexico, Roger continues to happily serve the Santa Fe Community as he has done for over 20 years.



Barbara King is an ANCC-certified Nurse Practitioner. She believes listening is one of the most powerful skills a provider can offer. By understanding patient's circumstances and beliefs, she can better assist them to make informed health decisions through lifestyle. Barbara empowers the patient through education regarding acute or chronic illness and teaches specific ways the patient can participate in improving their personal wellness or recovery.

Before her 13 years as a Nurse Practitioner, Barbara worked as a RN for over two decades. She is also a yoga instructor, licensed massage therapist, a Healing Touch practitioner, and a AHA Basic Life Support instructor.



Abby Rodriguez is a Nurse Practitioner at the Stay Well Health Center. She believes in optimizing a patient's health by promoting healthy lifestyle change. Abby received her Bachelor's Degree in Nursing from the University of Iowa and her Master's Degree in Nursing from UNM.

Abby brings experience of family medicine, urgent care and integrative medicine with her to the Stay Well Health Center. Her focus is integrative medicine, preventative medicine and urgent care.



Carla Gordan is a Nurse Practitioner with the Stay Well Health Center. She feels providing holistic patient-centered care, developing ongoing relationships, and collaborating to improve health and wellness is important. Carla received her M.S. in Nurse-Midwifery and Post-Master Certification in Nurse Practitioner-Family at UNM.

Carla has practiced nursing right here in Santa Fe. Her goal with each patient and family is to ensure that they are well informed, and empowered to make beneficial choices to improve health and their quality of life.



Joseph Poole believes building a relationship with the patient and isolating their condition begins with listening. Joseph grew up in Houston and moved to Santa Fe in 2019, where he has worked as a family nurse practitioner for 4 years. Having spent most of his practice in internal medicine, he has also worked with allergy and immunology and asthma patients.



Lisa Kaufman received her BSN from UNM and has served the Santa Fe healthcare community for 40 years as an RN and Clinical Research Trail Coordinator.

Lisa offers resources and strategies specifically designed for clients to meet their health goals they have set for themselves, as she believes in empowering clients to become invested in the development of their own health goals and action plans.