



**Challenge Starts
October 1st!**

WALKTTM BER

2026

**Experience the joy of moving outdoors
in this 31-day challenge.**

- Fill your Walktober tree with **red**, **orange**, or **gold** leaves for reaching daily goals
- Invite friends to join you for support or a little friendly competition in teams
- View vivid fall images from around the world for reaching milestones.

Get started today. Register Here:

<https://sonm.walktober.com>

Watch a 2-minute Intro Video Here:

https://files.hesapps.com/walktober_2026/Client%20Design%20Time/SONMVideo.mp4



The
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