



**BlueCross BlueShield
of New Mexico**



**HEALTH CARE
AUTHORITY**



FINANCIAL WELLBEING

Date: Tuesday, April 22, 2025

Time: 3:30 p.m.

Location: Virtual

[Register Here](#)

We will learn about:

- What is financial wellbeing
- Financial stress and risks to your health
- Tips on budgeting and saving
- Setting financial goals to help reduce stress