



Complete your  
health check  
and earn  
points!

# Get a snapshot of your health

## Complete your Health Check today.

Health Check is a quick and easy way to get a snapshot of your health and wellbeing. Your results on this confidential survey will help create a more customized experience in your wellbeing program. Complete your Health Check annually to stay on top of your health and learn simple ways to improve it in key risk areas.

Already have an account? Visit [app.personifyhealth.com](https://app.personifyhealth.com) and go to **Health > Surveys > Health Check**, or

Click **HERE** for first time log in instructions for Presbyterian Health Plan Members.

